

### Treasured Art of Birth - 2025 Service Rates

At Treasured Art of Birth, we're committed to transparent, accessible pricing for every family. Below you'll find our current service rates for Texas and Washington, along with flexible payment options and "pay what you can" offerings to support your unique needs.

### Placenta Encapsulation

Service	Texas (TX)	Washington (WA)
Placenta Encapsulation	\$295	\$395

Includes on-call pickup, capsules, drop-off, and a complimentary print (if selected).

### **Lactation Support**

Service	Texas (TX)	Washington (WA)

Virtual/In-Office	Pay what you can or \$85/session	\$170/session (standard)
In-Person	\$120/session	\$170/session (standard)

One-on-one consultation, feeding plan, and follow-up. "Pay what you can" ensures everyone receives support.

# Holistic Fertility Support

Package	Texas & Washington	
Package 1	\$450	
Package 2	\$950	

Includes planning session, herbal/nutritional support, yoni steam, and follow-up.

#### Partner Guidance

Service	Texas & Washington
Virtual Session	Pay what you can or \$90
Group Class (per person)	\$65 (Bryan, TX Only)

Empowering partners with skills, confidence, and support for birth and postpartum.

### Birth Processing Story Session

Service	Location	Price
Virtual/In-Office (Bryan)	Bryan, TX & Virtual	Free

A safe, supportive space to process your birth story.

# Emotional/Trauma Healing Session

Service	Texas & Washington
Guided Meditation (Virtual)	\$200/session

Virtual, trauma-informed guided meditation for emotional healing.

### Birth Support Packages

Package	Texas (TX)	Washington (WA)
Basic	\$1,450	\$1,855
Enhanced	\$1,950	\$2,700
Complete Care	\$3,200	\$3,800
Sibling Doula Support	\$1,450	\$1,855
Stork Program (Student)	\$950	\$1,200

# Postpartum Doula Support Packages

Package Name	Hours	Texas (TX) Price	Washing ton (WA) Price	t
Minimum Starter	24	\$1,320	\$1,560	-
Nurtured Support	32	\$1,760	\$2,080	_

Comprehensive Care	48	\$2,640	\$3,120	\$75 off
Ultimate Care	64	\$3,520	\$4,160	\$125 off
8-Week Premium	192	\$10,560	\$12,480	\$300 off

#### **Hourly Rates:**

Texas: \$55/hour

Washington: \$65/hour

#### Note:

Discounts for larger packages are automatically applied to your invoice for added value. All packages are flexible and can be used for either daytime or overnight postpartum support, based on your family's needs.

# À La Carte & Consultations

Service	Texas (TX)	Washington (WA)
Additional Prenatal/Postnatal Session (90 min)	\$250	\$250
Chat with a Doula (60 min session)	\$85	\$85
Hourly Support (daytime or nighttime)	\$55/hr	\$65/hr

### Nanny & Sitter Service Rates

Service Type	Texas (TX)	Washington (WA)
Standard Nanny & Sitter Care	\$25/hour	\$35/hour
Date Night Sitter	\$25/hour	\$35/hour
Newborn Care Specialist	\$55/hour	\$65/hour

#### Notes:

- All bookings include a \$15 booking fee per day.
- For families with more than one child, add \$5 per additional child, per hour.
- Overnight care and backup/emergency care are billed at postpartum service rates.
- Postpartum and newborn care specialists provide advanced infant and newborn support.

### Why Are Rates Different by State?

We believe in fair, transparent pricing that supports both the families we serve and our dedicated team of doulas. Our rates vary by state to account for differences in cost of living, operational expenses, and local market standards. This approach allows us to:

- Ensure sustainable, equitable compensation for our doulas in every region
- Maintain the highest standards of care and support for your family
- Remain competitive and accessible within each local community

If you have questions about our pricing or would like to learn more about what's included in our birth support packages, please <u>contact us</u> or <u>schedule a</u>

<u>consultation</u>. We're happy to discuss your needs and help you find the best support option for your family.

### Payment & Accessibility Options

- Payment Plans: Available for all major packages—ask for details!
- Pay What You Can: Offered for virtual/in-office lactation and partner guidance sessions.
- Gift Cards: Add to your registry or invite loved ones to contribute.
- **Insurance** & **HSA/FSA**: We provide detailed invoices for private reimbursement; check your plan for doula coverage.

Ready to get started or want to customize your support?

Contact us to schedule your free consultation or discuss your perfect plan:

• Website: <u>www.tabirth.com</u>

• Email: contact@tabirth.com

• Phone (WA): 206-487-4422

• Phone (TX): 979-300-5333

• Schedule your consultation