

Placenta Encapsulation FAQ

Treasured Art of Birth, LLC | www.tabirth.com | contact@tabirth.com

Frequently Asked Questions: Placenta Encapsulation

What is placenta encapsulation?

Placenta encapsulation is the process of steaming, dehydrating, and grinding the placenta into a powder, then placing it into capsules for postpartum consumption. Many parents choose this service to support their physical and emotional recovery after birth.

What are the potential benefits?

Reported benefits include improved mood, increased energy, enhanced milk supply, and support for hormonal balance. While many families report positive experiences, scientific research is still ongoing and results may vary.

Is placenta encapsulation safe?

When performed by certified professionals using strict safety and sanitation protocols, placenta encapsulation is generally considered safe. Treasured Art of Birth, LLC follows rigorous guidelines for handling, processing, and delivering your capsules.

How soon will I receive my capsules?

Most clients receive their capsules within 48-72 hours after placenta pick-up. We prioritize timely processing to support your early postpartum period.

Can I encapsulate my placenta if I had a medicated or surgical birth (e.g., C-section)?

Yes, in most cases. Please let us know about your birth experience so we can ensure safe handling and provide specific guidance.

What if I test positive for Group B Strep (GBS) or have another infection?

Some infections may require special handling or may not be safe for encapsulation. Please inform us of any diagnoses so we can assess your individual situation and advise you accordingly.

What is included in the placenta encapsulation service?

- On-call support starting at 37 weeks' gestation
- Placenta pick-up from your birth location
- Safe, professional encapsulation process
- Complimentary placenta print (optional)
- Capsule delivery and usage instructions
- Ongoing support for questions

How do I store my capsules?

Store your capsules in a cool, dry place (refrigeration is recommended). Detailed storage and usage instructions will be provided upon delivery.

Are there any side effects?

Most clients tolerate placenta capsules well, but some may experience mild digestive changes. If you have any concerns or unusual symptoms, stop taking the capsules and consult your healthcare provider.

Can I use this service if I am planning a hospital or home birth?

Yes! We coordinate placenta pick-up from hospitals, birth centers, or your home for

your convenience.

How do I book placenta encapsulation?

Book online at <https://tabirth.enginehire.io/application-form/319/8085>, email contact@tabirth.com, or call 206-487-4422 (WA) / 979-300-5333 (TX).

Treasured Art of Birth, LLC

Serving Western Washington & Central Texas

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